































- Passe, D.H, Stofan, J.R, Rowe, C.L, Horswill, C.A. & Murray, R. (2009). Exercise condition affects hedonic responses to sodium in a sport drink. *Apetite*, 52(3), 561-567.
- Rivera-Brown, A.M., Gutiérrez, R., Gutiérrez, J.C., Frontera, W.R. & Bar-Or, O. (1999). Drink composition, voluntary drinking, and fluid balance in exercising, trained, heat-acclimatized boys. *Journal of Applied Physiology*, 86(1), 78-84.
- Rolle, R.S. (2007). Good Practice for the Small-scale Production on Bottled Coconut Water. Agricultural and Food Engineering Training and Resource Materials. [Food and Agriculture Organization of the United Nations-FAO]. Recuperado de <http://www.fao.org/docrep/010/a1418e/a1418e00.htm>, el 20/03/2010.
- Saat, M., Singh, R., Sirisinghe, R.G. & Nawawi, M. (2002). Rehydration after Exercise with Fresh Young Coconut Water, Carbohydrate-Electrolyte Beverage and Plain Water. *Journal of Physiological Anthropology and Applied Human Science*, 21(2), 93-104.
- Sawka, M., Burke, L., Eichner, R., Maughan, R., Montain, S. & Stachenfeld, N. (2007). American College of Sports Medicine Position Stand: Exercise and Fluid Replacement. *Medicine & Science in Sports & Exercise*, 39(2), 377-390.
- Shafiee, M.A., Charest, A.F., Cheema-Dhadli, S., Glick, D.N., Napolova, O., Roozbeh, J.,...Halperin, M.L. (2005). Defining conditions that lead to the retention of water: The importance of the arterial sodium concentration. *Kidney International*, 67(2), 613-621.
- Shirreffs, S.M., Armstrong, L.E. & Chevront, S.N. (2004). Fluid and electrolyte needs for preparation and recovery from training and competition. *Journal of Sports Sciences*, 22(1), 57-63.
- Shirreffs, S.M., & Maughan, R.J. (1997). Restoration of fluid balance after exercise-induced dehydration: effects of alcohol consumption. *Journal of Applied Physiology*, 83(4), 1152-1158.
- Shirreffs, S.M. & Maughan, R.J. (1998). Volumen repletion following exercise-induced volume depletion in man: replacement of water and sodium losses. *American Journal of Physiology*, 274(5), 868-875.
- Soto-Pradera, E., Fernández, E. & Calderin, O. (1942). Coconut water: A clinical and experimental study. *American Journal of Diseases of Children*, 64(6), 977-995.
- Vigliar, R., Sdepanian, V. & Fagundes-Neto, U. (2006). Biochemical profile of coconut water from coconut palms planted in an inland region. *Jornal de Pediatria*, 82(4), 308-12.
- World Health Organization. (2006). *Oral rehydration salts production of the new ORS*. Geneva, Switzerland. Pages: 123 [[http://whqlibdoc.who.int/hq/2006/WHO\\_FCH\\_CAH\\_06.1.pdf](http://whqlibdoc.who.int/hq/2006/WHO_FCH_CAH_06.1.pdf)]. Recuperado el 15/05/2010.

Yawata, T. (1990). Effect of potassium solution on rehydration in rats: comparison with sodium solution and water. *The Japanese Journal of Physiology*, 40(3), 369-381.

**Fecha de recepción:** 23 de marzo del 2011.

**Fecha de aceptación:** 14 de julio del 2011.

**Fecha de publicación:** 31 de julio del 2011.